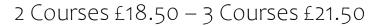
THE BENT ARMS

SAMPLE SET MENU





STARTERS

SOUP OF THE DAY with homemade bread ^(VGNO,V,DFO, GFO)
FLATFIELD MUSHROOM & GOATS CHEESE on a bed of salad ^(V, GF)
ARANCINI with a pepperonata dipping sauce ^(V)
PAN SEARED SQUID with garlic butter on toast ^(GFO)
PRAWN COCKTAIL ^(GF)
BACON & BRIE SALAD ^(GF)

MAINS

HERB CRUSTED COD with crushed new potatoes, vegetables & hollandaise (GFO)

STEAK & ALE PIE served with mashed potatoes & vegetables

CHICKEN CURRY served with rice, salad & poppadom (DF, GF)

MUSHROOM, LEEK & SPINACH RISOTTO (V, GF, VGNO)

CAULIFLOWER & LENTIL CURRY with rice, salad & a poppadom (VGN, GF)

SLOW COOKED BBQ RIBS served with chips & salad (DF)

DESSERT

LEMON POSSET ^(V)
COCONUT PANNA COTTA with coulis^(VGN,GF)
STICKY TOFFEE PUDDING with vanilla ice cream ^(V)
WARM CHOCOLATE BROWNIE with whipped cream ^(V)
VANILLA CRÈME BRULEE ^(V,GFO)
BANOFFEE PIE