



THE BENT ARMS

SUNDAY PRE-ORDER MENU

STARTERS:

SOUP OF THE DAY £6.50 (GFO, VGNO)

GRILLED FLAT FIELD MUSHROOM & GOATS CHEESE on a bed of salad £6.75 (V, GF, DF)

PRAWN COCKTAIL £6.50 (GF, DF)

MOZZARELLA & PROSCIUTTO SALAD £6.50 (GF)

BACON & BRIE SALAD £6.50 (GF)

ROASTS: all served with roasted potatoes, a selection of vegetables, Yorkshire pudding and gravy

ROASTED EXTRA AGED SIRLOIN OF ENGLISH BEEF £19.75 (GFO, DFO)

ROASTED CHICKEN BREAST £17.95 (GFO, DFO)

CRANBERRY & NUT ROAST PIE £16.75 (VgnO)

ROASTED LOIN OF PORK £17.95 (GFO, DFO)

ROASTED SADDLE OF LAMB £19.50 (GFO, DFO)

MAINS:

GRILLED SALMON FILLET with crushed new potatoes, vegetables, and hollandaise sauce £17.50 (GF)

SCAMPI AND CHIPS with salad £14.95

MUSHROOM, LEEK & SPINACH RISOTTO £14.50 (VGNO, GF, DFO)

CHICKEN CAESAR SALAD £15.25 (GFO, DF)

AVOCADO AND PRAWN SALAD £12.75 (GF, DF)

FETA, OLIVE & TOMATO SALAD £12.75 (GF)

SALAD EXTRAS: HALLOUMI £3.00, CHICKEN £4.00

DESSERTS:

COCONUT PANNA COTTA with mango and pineapple coulis £6.25 (VGN, GF, DF)

LEMON POSSET £6.25 (GFO, V)

VANILLA CRÈME BRÛLÉE £6.50 (V, GFO)

WARM CHOCOLATE BROWNIE with whipped cream £6.95 (V)

STICKY TOFFEE PUDDING served with vanilla ice-cream £6.95 (V)

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ALLERGY INFORMATION AVAILABLE ON REQUEST

All our food is made in house including our mayonnaise which contains raw egg

GF – Gluten Free, DF – Dairy Free, GFO – Gluten Free Option, DFO – Dairy Free Option, V – Vegetarian, VGN – Vegan, VGNO – Vegan Option