



THE BENT ARMS

SAMPLE SUNDAY MENU

STARTERS:

- OLIVES £4.75 (VGN, DF)
- CELERIAC SOUP £6.50 (GF, DF, VGN)
- PRAWN COCKTAIL £6.50 (GF, DF)
- BACON AND BRIE SALAD £6.50 (GF)
- PAN SEARED SQUID served with garlic butter on toast £6.95 (GFO)
- GRILLED FLAT FIELD MUSHROOM with GOATS CHEESE £6.75 (V, GF)

ROASTS: all served with roasted potatoes, a selection of vegetables, Yorkshire pudding and gravy

- ROASTED EXTRA AGED SIRLOIN OF ENGLISH BEEF £19.75 (GFO, DFO)
- ROASTED CHICKEN BREAST £17.95 (GFO, DFO)
- ROASTED LOIN OF PORK £17.95 (GFO, DFO)
- ROASTED SADDLE OF LAMB £19.50 (GFO, DFO)
- NUT ROAST PIE £16.75 (VgnO)

MAINS:

- GRILLED SALMON FILLET with crushed new potatoes, vegetables, and hollandaise sauce £17.50 (GF)
- SCAMPI AND CHIPS with salad £14.95
- MUSHROOM, LEEK & SPINACH RISOTTO £14.50 (VGNO, GF, DFO)
- CHICKEN CAESAR SALAD £15.25 (GFO, DF)
- SUPERFOOD SALAD £12.75 (V)
- AVOCADO & PRAWN SALAD £12.75 (GF, DF)
- SALAD EXTRAS: HALLOUMI £3.00, CHICKEN £4.00

DESSERTS:

- LEMON POSSET £6.25 (GFO, V)
- WARM CHOCOLATE BROWNIE with whipped cream £6.95 (V)
- STICKY TOFFEE PUDDING with vanilla ice-cream £6.95 (V)
- COCONUT PANNA COTTA with pineapple coulis £6.25 (V)
- VANILLA CRÈME BRÛLÉE £6.50 (V, GFO)